FAMILIES WITH HIGH SCHOOL AGE CHILDREN

Most teenagers experiment with different thoughts, beliefs and styles. Your strengths as an individual and as part of a couple are critical. Strive for a balanced atmosphere in which your teenager can have a sense of support and emotional safety. Connect them with the church by going to mass regularly and taking part in programs that encourage teenagers to be teenagers in a faith filled environment.

<u>HIGH SCHOOL YOUTH GROUP</u>: Sunday nights from 5:30 pm to 7:30 pm for grades 9 through 12. Contact Mike MacDonald, youth minister, at <u>youthministry@hfccmail.org</u>.

<u>CONFIRMATION PREPARATION PROGRAM FOR YOUTH</u>: 9th Graders receive the sacrament of Confirmation. Please contact Mike MacDonald, youth minister, at <u>youthministry@hfccmail.org</u> to find times and dates.

TEEN MUSIC GROUP "LEVATE": Coordinators are Allen Cox at coxallen320@gmail.com and Kate Miller at katejmiller@comcast.net.