

## **CREATE A SACRED PLACE IN YOUR HOME**

**A Sacred space should be distinctly different from the rest of the house.**

**It is a place to enter prayer and should look different than your normal living space. However, different does not need to mean expensive.**

**The sacred space is typically a table-top set with religious items like: A Bible, A Crucifix, Prayer Cards, Rosaries, Candles, Statue of Mary or other saints and Holy Water.**

**Have everyone in the family be part of the process of setting up your sacred place.**

**Once the sacred space is set up, the family can bless it with Holy water with the following prayer: “Heavenly Father, we ask you to Bless our sacred space. We ask for an outpouring of the Holy Spirit on this space and on our family. Help us to grow closer to you and to each other. In the name of the Father, and the Son and the Holy Spirit. Amen.”**

**Once in place, encourage all family members to use it.**

**Be patient with very small children and let them wander around, look through a board book or color.**

**For children 4 and older, let them lead a prayer for the whole family.**

**Keep prayer journals in the sacred space for family members to use privately.**